



THE TIMES OF INDIA



MAMATA URGES CEC TO HALT STR IN BENGAL, WARNS OF MASS DISENFRANCHISEMENT

PRIYANKA GANDHI TO HEAD CONGRESS SCREENING PANEL FOR ASSAM POLLS

VB-G RAM G BETTER THAN MGNREGA, CONG SPREADING MISINFORMATION: CHOUGHAN

in India miss timely care, say experts

Times News Network

New Delhi: Over four out of five Indians suffering from persistent disorders do not receive timely or adequate treatment, leaving millions to cope without professional care, Indian Psychiatric Society warned on Saturday. Finding one of the widest mental health treatment gaps in the world.

The concern was raised at the seventh release of the 77th annual national conference of the society scheduled to be held from Jan 28 to 31 at Varanasi in Uttar Pradesh.

Experts at the society said nearly 80% of the people with mental illness in India do not receive the formal health care system, despite advances in treatment and growing awareness. National Mental Health Survey shows that over 85% of Indians with common mental disorders do not seek or receive treatment. Globally, more than 70% of people with mental illness lack access to treatment care, but experts said India's vast population and limited mental health infrastructure made the dial large particularly acute.

"Mental illnesses are among the most treatable health conditions if identified early," said Dr. Surjit Khatkhatia, president of the society. "But the fact that over 80% of the patients do not receive timely psychiatric care reduces deep-rooted stigma, lack of awareness and inadequate in-

CHILDREN AND SENIOR CITIZENS VULNERABLE

WHAT THE DATA SHOWS

- 65% of people with common mental disorders do not receive timely or adequate treatment.
- 70% of people with mental illness do not receive the formal health care system.
- 80% of people with mental illness do not seek or receive treatment.

WHY CARE IS DELAYED

- Fear of stigma and labelling
- Poor awareness of early symptoms
- Severe shortage of psychiatrists and psychologists
- Mental health not integrated into primary care

WHAT HAPPENS WHEN CARE IS DELAYED

- Alters brain circuitry
- Higher risk of disability and suicide
- Family distress, job loss, economic burden
- India bears a large share of global suicide deaths

Integration of mental health into primary healthcare. This is the social, economic and developmental goal.

Experts said delays in seeking psychiatric care often stem from months to years driven by fear of stigma, social judgment and the tendency to dismiss symptoms as stress or personal weakness. These barriers are compounded by an acute shortage of mental health professionals, especially in rural and semi-urban areas.

Dr. Nitesh G. Doshi, chairperson of the organizing committee and former director of Institute of Human Behaviour and Allied Sciences, said early or prompt treatment often led to improved outcomes, disability, family distress, loss of productivity, and increased risk of self-harm and suicide. He stressed the need to strengthen community-based services, train primary care doc-

over woman's murder in UP

Amethi (UP): Police on Saturday arrested four persons, including the daughter-in-law, in connection with her murder in the Amethi district of Uttar Pradesh, a senior official said.

Superintendent of Police Anurag Raj Singh Kanak said that on January 1, Sushila Devi was found dead in a field near her residence in a land dispute area.

The police are currently investigating the case and have not yet identified the motive for the murder.

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The Tribune

FRAMING OF SECTION CHARGES AGAINST HASINA NOW ON 2ND DAY | **WHETHER REVIEWS POWER PROTECTS IN KISHINAR, DIST. INDIA** | **TAJ GROUP LOOKS FOR NEW, UNTESTED, CHIEF EXECUTIVE** | **COAST GUARD COMMISSIONS ITS LARGEST SHIP SAMARA PRAMAR BACK PAGE**

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Students bum VCs' effigy, seek immediate halt to recruitment process

Students of the Government College of Engineering, Bikaner, have burnt an effigy of the Vice-Chancellor (VC) of the college on Saturday. The students are protesting against the recruitment process of the college, which they claim is biased and unfair. They demand an immediate halt to the process and a fair and transparent recruitment process.

Bawal constituency to get 3 power houses

The Bawal constituency in Rajasthan is set to receive three new power houses. The government has approved the construction of three power houses in the constituency, which will significantly improve the power supply and support the local economy. The houses are expected to be completed within the next few months.

SINGLE-DECK PLASTIC FREE CAVIUS

The Government of India has announced the launch of a single-deck plastic-free cavius. This initiative is aimed at reducing plastic waste and promoting sustainable packaging. The cavius will be used for the transport of goods and will be made from eco-friendly materials.

CLICK BOOK PAY

QR Code for book payment

Rohitkar Bala delegation meets CJI, extends visit invitation

A delegation led by Rohitkar Bala met with the Chief Justice of India (CJI) on Saturday. The delegation discussed various issues related to the judiciary and extended an invitation for the CJI to visit their state. The CJI expressed his appreciation for the invitation and agreed to the visit.

YOGA COACHING CLASSES BEGIN

Yoga coaching classes have begun in the district. The classes are being conducted by experienced yoga instructors and are open to all ages. The classes aim to promote the benefits of yoga and improve the health and well-being of the community.

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